



## COVID-19 GUIDANCE

Following the instructions around movement and gatherings from the Prime Minister on 23 March 2020, the situation at the moment it is still permitted to visit your plot, to take daily exercise on your own or with members of your household. It is vitally important that you follow all the advice about social distancing and hygiene in the points below and not gather together on site.

Any plot-holder who is **self-isolating** because a household member is ill with corona-virus should not be visiting the site.

It is important that anyone attending the allotment takes care to stay the appropriate distance from others, avoid body contact and wash hands at taps, do not wash hands or use detergents in the water tanks and please pay attention to notice boards.

It is essential that no un-authorized people are allowed onto the plots for the duration of this emergency, if you do wish to bring someone to assist with work on the plot, please ensure that that this is notified either to Site Representative or Parish Allotments Officer.

**Members should take the following precautionary measures:**

- Keep hand sanitiser in your shed and wash your hands regularly
- Use hand sanitiser before opening and closing any gate locks
- DO NOT gather in large groups for a “chat” even if you are 2 metres apart
- Observe “Social Distancing” with each other 2-3 metres
- If you take your children to the plot, ensure that they stay within its confines and do not run around on communal paths and spaces.
- Do not share tools
- Minimise the contact with each other for example no handshakes
- Do not wash your hands in water troughs
- We recommend that all communal facilities are closed
- **Contamination:** If an area has been contaminated, with for instance visible bodily fluids, from a person with coronavirus (COVID-19)
- The area should be kept closed and secure for 72 hours, wait until this time has passed before cleaning as the amount of virus living on surfaces will have reduced significantly by 72 hours
- consider using protection for the eyes, mouth and nose, as well as wearing gloves and an apron. Cleaning the area with normal household disinfectant after someone with suspected coronavirus (COVID-19) has left will reduce the risk of passing the infection on to other people
- using a disposable cloth, first clean hard surfaces with warm soapy water. Then disinfect these surfaces with the cleaning products you normally use. Pay particular attention to frequently touched areas and surfaces, such as sheds, garden tools, equipment and any door/gate handles
- wherever possible, wear disposable or washing-up gloves and aprons for cleaning. These should be double-bagged, then stored securely for 72 hours and thrown away in the regular rubbish after cleaning is finished
- After removing gloves, aprons and other protection used while cleaning wash hands regularly with soap and water for at least 20 seconds

**Shops:** Those Associations who operate shops should close or put an on-line scheme in place. Where goods are ordered by email, payment is electronic, and goods are placed out for collection.

- Plan ahead to ensure that you have food and medication delivered to you during this time
- Stay away from vulnerable individuals such as the elderly and those with underlying health conditions as much as possible
- If you display any symptoms of coronavirus stay at home and self-isolate for at least 14 days or until symptoms have passed
- It is important that any plot-holders over 70 years and those with underlying health issues follow the guidance and information issued by the government

The Clerk

South Swindon Parish Council